

POST-OP ORAL CONSCIOUS SEDATION

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Post-Operative Care Instructions

After Sedation Instructions for Companion & Patient

- Patients **cannot** drive for 24 hours after taking sedation medication.
- Patients **cannot** operate any hazardous devices or do any heavy lifting for 24 hours.
- A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation. (Typically 12-18 hours)
- Patients should not go up and down stairs unattended. Let the patient stay on the ground floor until fully recovered.
- Patients should begin eating appropriate food as soon as possible (based on procedure post-operative instructions) Do not delay.
- Patients need to drink plenty of fluids as soon as possible and stay hydrated.
- Patient may seem alert when he/she leaves. This may be misleading so do not leave the patient unsupervised for 12 hours after surgery.
- Always hold the patient's arm when walking the day of surgery.
- Patients should not carry, sleep next to or be left alone with the young children for a period of no less than 24 hours after the last dosage of medication.
- Under no circumstances should the patient take sedatives or stimulants for 24 hours after the appointment (including: alcohol, caffeine or nicotine)

Call us at (713) 526 2904 if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.